## WE ARE AN OFFICIAL LOCATION FOR



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**READY SET MOVE** is a creative movement and music class for toddlers and their grown up. **ENGAGE** - a playful exploration of music, nursery rhymes, lap play and parachute fun. **EXPLORE** - a circuit around the room set up with obstacles like stepping stones, tunnels and sensory activities designed to encourage investigation and build coordination skills. **EXPRESS** - free dance movement developing creativity with instruments, feathers and bubbles.

### **READY, SET... CLASS:**

Our studio is located at 31A Waratah Street, Thomastown (opposite Myrtle Street). **Ready Set Move classes are \$18 per class, paid by the term, via bank transfer: Commbank · Derralie Coonan · BSB: 063 175 · Acc: 10033297 Email: dcoonan@bigpond.com** Term One - Wed 12th Feb to Wed 9th April **OR** Thurs 13th Feb to Thurs 10th April (nine weeks) Term Two - Wed 23rd April to Wed 9th July **OR** Thurs 24th April to Thurs 10th July (twelve weeks) Term Three - Wed 23rd July to Wed 24th Sep **OR** Thurs 24th July to Thurs 25th Sep (ten weeks) Term Four - Wed 8th Oct to Wed 19th Nov **OR** Thurs 9th Oct to Thurs 20th Nov (seven weeks)

**READY SET... START!** 

Please **click here** to complete our registration jot-form to reserve your child's place in 2024. We require the \$49 family registration fee to be paid to confirm your child's preferred class time. Prefer to trial a class first? **Click here** to book into a free trial class.

WEDNESDAY		
Mark me	1 to 3 YEARS	9.30am - 10.15am (Creative Music and Movement)
ACCO + DINCE + Baler	3 to 4 YEAR OLD KINDER AGE (or equivalent)	10.30am - 12.30pm (Acro, Jazz, Hip Hop, Music, Singing, Tap, Ballet)
THURSDAY		
North me	1 to 3 YEARS	9.30am - 10.15am (Creative Music and Movement)
Acco + Dince + Bales	3 to 4 YEAR OLD KINDER AGE (or equivalent)	10.30am - 12.30pm (Acro, Jazz, Hip Hop, Music, Singing, Tap, Ballet)
SATURDAY		
+ Bales	3 to 4 YEAR OLD KINDER AGE (or equivalent)	<b>8.30am - 10.30am</b> (Acro, Jazz, Hip Hop, Music, Singing, Tap, Ballet)
Acco + Acc + Bale	FOUNDATION / PREP & GRADE ONE	<b>10.30am - 12.30pm</b> (Acro, Jazz, Hip Hop, Music, Singing, Tap, Ballet)
ACCO + DINCE + Balar We WHE	FOUNDATION / PREP & GRADE ONE	<b>4pm - ópm</b> (Acro, Jazz, Hip Hop, Music, Singing, Tap, Ballet)
REGISTRATION FEE	class	30min CLASS BOOC CLASS

# ENGAGE

## with music and movement





## EXPLORE

activities and play with friends



## **EXPRESS**

creativity and use imagination







### Who can participate in the classes?

Ready Set Move is an inclusive program that welcomes all grown ups. Mums, dads, grandparents and special friends can all join in the fun. We do ask that only ONE grown up accompanies each toddler to help us abide by space restrictions and requirements. Grown ups need to be physically able to sit on the ground, get up and down off the floor and lead toddlers through the exercises.

### What age group does this class cater for?

This program is designed for toddlers/preschoolers from walking age to 3 years who are more comfortable attending class with a grown up.

## What happens in the class?

The beginning of the class is the most structured part of the lesson. This circle time includes knee bounce nursery rhymes, the stretchy band, parachute fun and even some toddler aerobics. The next part of the class is a time for toddlers to be creative and use their imaginations playing instruments and our favourite animal dice game. In the third part toddlers love to crawl through tunnels, balance on beams and explore a variety of different activities around the room. The class concludes with a calm and connect song with our giant feathers or bubbles leading into sticker time.

## What will my toddler learn?

The class has been created by experienced dance professionals, professional songwriters and early learning experts. There are benefits in every song! Our original mirror song is designed to teach toddlers the 16 hand gestures they should be developing by 16 months.

"Playful exploration of music and dance with the support of a familiar caregiver can make a significant contribution to play, development and learning"

- Dr Cathie Harrison, Early Childhood and Gifted Education Consultant.

## Are the teachers qualified?

All teachers have their Working with Children Check and follow the program that is endorsed by early learning experts.

